



HEALTHCARE INDUSTRY MANAGEMENT EXECUTIVE | BOARD MEMBER

Shaping the future of Healthcare through: Clinical Care & Management, Health Systems Strengthening & Advocacy, and Healthcare Administration

Accomplished Medical Doctor and trusted Board Advisor and Leader offering over 15 years of executive and organizational leadership in the healthcare sector, with expertise in corporate/organizational governance, clinical expertise in patient care, hospital operations, board management, and healthcare advocacy.

Transformational Leader with varied experience that provides valuable perspective to boards- setting vision, focus, and strategies, and translating corporate vision and mission into positive organizational results.

Technical Expert, providing expertise to national and country governments on policy formulation, health system strengthening, Universal Health Coverage, and pandemic management (Covid-19).

Stakeholder relationship builder, cultivating relations with public, non-profit, and private sector players and stakeholders, and coordinating relations with the government.

Visionary Leader with prominent wins including:

- 2023 Fellow of the Commonwealth Medical Association (FCMA)
- 2022 Lifetime Achievement Award – Kenya Association of Family Physicians
- 2021 Order of The Grand Warrior (OGW) of Kenya
- 2019 Distinguished Service Award – Kenya Medical Association
- 2017 Jacob's Well Award for Women Living Deliberately
- 2016 Annual Best Communicators Award by Applied and Academic Communication Practitioners
- 2012 African Most Outstanding Female Professional Award by the Centre for Economic and Leadership Development
- 2010 OWIT Woman of the Year Award by the Organization of Women in International Trade

Board-Level Competencies:

Health System Strengthening | Health Advocacy | Organizational Leadership | Board Leadership & Collaboration | Team Leadership | Budget Management | Stakeholder Forums & Technical Working Groups | Government Relations | Strategic Planning | Organizational Vision & Mission Planning | Policy Formulation | Emergency Preparedness & Management | Strategic Planning & Execution

CAREER HISTORY

GENERAL PRACTITIONER – Jamko Health Services (April 2004 – Present)

Running this general practice based in Kilimani, Nairobi, with full authority on clinical and preventive aspects of medicine.

- Providing patient care and treatment as well as health education to corporate clients.

CLINIC PARTNER – Karen Surgery (August 2008 – Present)

Partner at this vibrant multi-disciplinary family practice established in 1991, that offers general consultations, counselling psychology services, physiotherapy, speech therapy and nutrition therapy.

- Playing a key role in the clinical and business growth of the practice.

HIV/AIDS EDUCATOR – Primary School Action for Better Health (February 2003 – 2007)

Conducted capacity building of teachers and students at the Centre for British Teachers (CfBT)-funded program on behavior change in sexual relationships involving upper primary school pupils, with a focus on HIV education.

- Facilitated over 30 training workshops for schools and 5 teacher-training colleges.
- Teamed with Afya Resources Associates to develop a handbook titled “Questions and Answers on HIV and AIDS, used in the program.

CASUALTY MEDICAL OFFICER – The Nairobi Hospital (July 2001 – April 2004)

Provided patient care and management at the Accident and Emergency Unit of this leading healthcare institution.

- Took part in emergency evacuation and conducted rotations in emergency care.
- Formulated and audited the Accident and Emergency Pharmacy Formulary, and engaged in mortality audits.

CLINICAL MANAGER– Avenue Healthcare (December 1999 – June 2001)

Managed provider relations and oversaw quality assurance, in addition to functioning as liaison with the corporate office for medical reports.

Contributions Snapshot:

- Attended to patients at the outpatient clinic.
- Served as Medical Advisor on health and medico-legal issues to over 10 companies.
- Delivered health education to companies under Avenue Healthcare on a variety of issues that included HIV/AIDS, TB, smoking, and alcoholism.
- Drove occupational health and safety audits.

BOARD & LEADERSHIP EXPERIENCE

BOARD DIRECTOR – Hospital Holdings Investments (HHI) B.V – (October 2023- October 2026)

HHI BV is a private healthcare holding company that manages an integrated healthcare services business across the East Africa region. HHI's investments currently include the AAR Healthcare Group, AAR Hospital, Kampala Hospital and Nakasero Hospital. I serve as an IFC nominee director.

SCOPE: Providing guidance and oversight, global sector and market knowledge, technical expertise, improving corporate governance and furthering sustainability of the operations and supporting the environmental and social policies.

CHAIRPERSON – Rocket Health, Uganda – (January 2023 to December 2023)

Rocket Health is a bundled service of The Medical Concierge Group, a licensed and registered clinic, laboratory and pharmacy. It offers telemedicine healthcare services such as doctor consultations through phone calls, Whatsapp and SMS, laboratory pickups and medicine delivery at the clients convenience and from any location within Kampala.

SCOPE: Serving to develop the Group's strategy, providing oversight on operations and promoting good governance

DIRECTOR – Emergency Plus Medical Services -E -Plus –(June 2022 – June 2025)

E-Plus is a private commercial company fully owned by the Kenya red Cross Society, whose core business is the provision of professional advance pre-hospital medical care and ambulance services in Kenya. E-Plus provides pre-hospital medical care and transportation to patients with illnesses and injuries on a commercial basis as well as under Corporate Social Responsibility.

SCOPE: Serving a 3-year tenure to advise management, provide oversight on operations, and promote good governance.

CHAIR- TRAINING ASSESSMENT REGISTRATION AND HUMAN RESOURCE COMMITTEE – Kenya Medical Practitioners and Dentists Council (January 2020 – January 2023)

Regulator of training, practice and licensing of medicine & dentistry and healthcare institutions that include private and mission hospitals, medical, dental centers & clinics, nursing and maternity homes and standalone funeral homes.

SCOPE: Stakeholder representative from the Kenya Medical Association, serving on the board on a 3-year term and taking part in policy formulation and decision making on policy matters.

TECHNICAL EXPERT: COVID-19 AND HEALTH SYSTEMS STRENGTHENING FOR UNIVERSAL HEALTH COVERAGE (UHC) – Ministry of Health Taskforce on Covid-19 (July – October 2020)

Ministry of Health National Advisory Committee that supports county governments in planning Covid-19 containment interventions and strengthening health systems for UHC.

SCOPE: Appointed by the Ministry of Health to provide technical expertise on Covid-19 management and mitigation and health system strengthening to Mombasa, Kilifi, Kwale, Lamu, Tana River, and Taita Taveta Counties.

Ensuring establishment and functionality of County Emergency Rapid Response teams, Multi-Agency Teams, and County Epidemic/Pandemic Response Plans for laboratory testing, contact tracing, and case management.

Overseeing availability of human resources for health and infrastructure capacity in each county to support Covid-19 management. Determining financing mechanisms and cost management in counties, monitoring county capacity, and preparing reports for the National Advisory Committee.

MEDICAL LIAISON – National Coordination Centre for Quarantine & Isolation Facilities (March 2020 – July 2020)

Kenya Ministry of Health Coordination Centre, housed at the Kenya Medical Practitioners and Dentists Council, and mandated with the management of Covid-19 quarantine and isolation facilities in Kenya.

SCOPE: Instrumental in setting up structures for managing and running Covid-19 quarantine and isolation facilities for Kenya.

MEMBER – Ministry of Health Taskforce on Covid-19 (March 2020 – July 2020)

Multiagency team composed of Ministry of Health, professional associations, researchers, and development partners such as WHO and Centers for Disease Control and Prevention (CDC) working on Covid-19 management in Kenya.

SCOPE: Playing a pivotal role in guiding and shaping Kenya's response to the Covid-19 pandemic.

KENYA RED CROSS SOCIETY (October 2010 – June 2022)

Leading humanitarian agency that responds to humanitarian emergency and development needs in Kenya. Kenya Red Cross Society Act (Chapter 256 Laws of Kenya) recognizes it as a voluntary aid society auxiliary to the public authorities in the humanitarian field and as the only National Red cross Society that carries out its activities in Kenya. Autonomy is however maintained which allows it to act at all times with the Fundamental principles of the Red Cross and Red Crescent Movement.

FIRST DEPUTY GOVERNOR (July 2019 – June 2022)

SECOND DEPUTY GOVERNOR (December 2017 – June 2019)

FINANCE COMMITTEE MEMBER (October 2010 – June 2019)

SCOPE: Key member of the National Executive Council, tasked with establishing the mission and policies of the society, approving annual reports, income and expenditure accounts, annual levies paid by branches and regions, annual membership subscriptions, appointing auditors, and amending the constitution as needed.

CHAIR-FINANCE COMMITTEE – National Hospital Insurance Fund (December 2018 – November 2021)

Largest social health insurance provider in Kenya, with approximately 8 Million registered principal contributors and covering about 22 Million members (Annual budget: Approx. KES 65 Billion). Board comprises various stakeholders including Kenya Medical Association, Kenya National Union of Teachers, Federation of Kenya Employers, Central Organization of Trade Unions (COTU), Ministry of Public Service, Youth and Gender.

SCOPE: Stakeholder representative from the Kenya Medical Association, serving on the board on a 3-year term and taking part in policy formulation and decision making on policy matters.

KENYA MEDICAL ASSOCIATION (May 2012 – July 2020)

Umbrella professional association for medical and dental practitioners in Kenya with 18 divisions countrywide.

PRESIDENT (April 2016 – July 2020)

NATIONAL VICE CHAIR (2014 – 2015)

ASSISTANT NATIONAL SECRETARY (May 2012 – 2014)

SCOPE: First female Chair of KMA in its 50-year history and member of the KMA National Executive Council, the decision-making body, overseeing day-to-day running of the Association's activities, including championing for doctors welfare, educating the public, and advocating for quality health services.

COMMUNICATION & ADVOCACY PANEL MEMBER - World Medical Association (sept 2019-2021)

International and independent confederation of national medical associations.

SCOPE: Representative from KMA, promoting medical ethics and advocacy on professional independence of physicians.

DIRECTOR- PATH Kenya (September 2019 – Present)

Global Organization that works to accelerate health equity by bringing together public institutions, businesses, social enterprises, and investors to solve the world's most pressing health challenges.

SCOPE: Serving a 3-year tenure to advise management, provide oversight on operations, and promote good governance.

GLOBAL ADVISORY BOARD MEMBER – Tech Care for All, TC4A (2018 –Present)

Digital Health Company that owns and commercializes digital health solutions in Africa and Asia.

SCOPE: Providing organizational oversight role in promoting universal healthcare for all.

ADVISORY BOARD MEMBER- CURAFA™ Points of Care (March 2019 – March 2020)

Social impact arm of Merck Pharmaceuticals that seeks to offer affordable, accessible, and quality healthcare through a platform that provides over-the-counter and prescription medicines, digital health solutions, insurance schemes, education awareness, and technology-enhanced facility experience.

SCOPE: Shaping the mission and outreach of CURAFA in line with the Big 4 Agenda and healthcare priorities by providing general guidance on Kenya Healthcare system policy and regulations, strategic direction to improve patient outcome, and advice on diagnostic and treatment schemes for primary healthcare.

Providing insight on addressing healthcare affordability challenge for low income populations, improving health seeking behavior of target communities, and input on medical and ethical considerations.

VICE CHAIR – Kenya Consumer Protection Advisory Committee, KECOPAC (May 2018 – May 2021)

Committee mandated to protect the rights of Kenyan consumers.

SCOPE: Stakeholder representative from KMA, advocating for quality healthcare for all.

GOVERNING COUNCIL MEMBER –Mater Misericordiae Hospital (March 2018 – July 2020)

Leading healthcare provider under the Sisters of Mercy with several satellite clinics in Nairobi. The hospital, in accordance with the philosophy of the sisters of Mercy aims to reach out to all members of the community irrespective of race, colour or creed, to continue the healing ministry of the church

SCOPE: Serving as Chair of the Health, Ethics, and Standards Committee.

DIRECTOR – Kenya Healthcare Federation, KHF (August 2015 – July 2021)

SCOPE: Providing governance oversight and health advocacy as Director, representing the formal private sector in the health space at this Health sector board of the Kenya Private Sector Alliance (KEPSA) that works with care providers, hospitals, pharmaceutical manufacturers, and insurers to promote strategic public-private partnerships to achieve access to quality healthcare.

FORMAL PRIVATE SECTOR PANEL MEMBER – Kenya Country Coordinating Mechanism for Global Fund (December 2014 – June 2019)

Country partnership body, established to guide the allocation and use of Global Fund resources.

SCOPE: Served as representation from the formal private sector accountable for submitting applications to the Global Fund on behalf of Kenya, as well as Chair of the Appeals Committee.

HEALTH ADVISORY PANELIST – Safaricom (October 2014 – Present)

Mobile network operator, currently the largest telecommunications provider in Kenya.

SCOPE: Providing advisory counsel on Safaricom's health programs and addressing program implementation issues.

MEMBER – National Economic and Social Council, NESC (September 2008 – September 2014)

Top advisory body to the Government of Kenya, comprising stakeholders from Academia, civil society, industry, and government, providing counsel on policies required to accelerate social and economic development.

SCOPE: Advised the government on policy measures to accelerate the pace of national development.

KENYA MEDICAL WOMEN'S ASSOCIATION, KMWA (2006 – 2012)

Association of female medical doctors and dentists that work together to impact healthcare across the country and globally.

NATIONAL CHAIRPERSON (2008 – 2012)

TREASURER (2006 – 2008)

SCOPE: Launched KMWA’s 2010-2014 strategic plan within the first term of office and secured strategic partnerships with to advance the Association’s mission and strategies.

SECRETARY – Kenya Association of Family Physicians, KAFP (2009 – 2012)

Representative body of family physicians and general practitioners in Kenya with a mandate to advocate for the recognition and development of family medicine, including influencing policy and resource allocation.

SCOPE: Held an oversight role, driving health advocacy and working towards improving health in the society. One of the founder members of this association

VICE CHAIR – National Resuscitation Council of Kenya, NRCK (2009 – 2013)

Organization that works to streamline medical education through a Kenyan-centered resuscitation guideline.

SCOPE: Oversaw compliance of instructors and course materials to established guidelines.

INTERM GOVERNING COMMITTEE MEMBER – Family Health Options Kenya (October 2010 – April 2011)

Interim committee established to address financial and governance issues affecting this leading provider of sexual and reproductive health services in Kenya.

SCOPE: Stepped into leadership role to oversee fiduciary and financial compliance.

INDEPENDENT DIRECTOR – Resolution Health East Africa (February 2011 – December 2014)

Medical insurance provider delivering insurance solutions to corporate and individual clients.

SCOPE: Joined the board to chart leadership and strategy for organization-wide operations.

PHYSICIAN ADVISOR – United Healthcare Global (July 2012 – Present)

Global insurance services provider.

SCOPE: Compile and interpret medical information on patients needing medical care while on travel and assessing whether the patient can be treated locally or if there is need for evacuation.

EDUCATION & TRAINING

Master in Business Administration: Healthcare Management – Strathmore University (2014 – 2016)

Bachelor of Medicine and Bachelor of Surgery: MBChB – University of Nairobi (1992 – 1998)

Selected Professional Development Programs:

National Security Awareness in Medical Practice – National Defence University -Kenya (July 2022)

Women Lift Health – Inaugural 2022 East Africa Leadership Journey Cohort (May 2022 – April 2023)

Leading High Performance Healthcare Organizations – Strathmore Business School (June – December 2013)

Five-day Corporate Governance Course for Directors – Centre for Corporate Governance (June 2012)

The Effective Director Course – Strathmore Business School (May 2011)

Leadership, Management & Good Governance – Business Advocacy Fund (February 2011)

Advocacy Competence Training Program – Business Advocacy Fund (June 2009)

LICENSURE & AFFILIATIONS

Licensure – Kenya Medical Practitioners and Dentists Council

Professional Memberships – Kenya Medical Association | Kenya Hospital Association | Kenya Association of Family Physicians | Kenya Medical Women’s Association | Medical Women’s International Association | Nairobi Hospital Admitting Staff Association

Certifications - Certified Instructor, Resuscitation Council of UK: European Paediatric Life Support & Generic Instructor Course (Training health personnel at various institutions including Gertrude's Children's Hospital, Aga Khan University Hospital, and King's College Hospital, UK)

MEETINGS & WORKSHOPS

2023:

Annual AMCOA (Association of Medical Councils of Africa) Capacity Building Workshop: *Strengthening Governance in Health Regulation*, Nairobi, Kenya. Speaker Role: Registration and Licensing of Medical Professionals (February 2023)

G20 Global Think Tank Town Hall: Mind the Gap: Towards Gender Equity and Women Led Development. Discussant Role, New Delhi, India (March 2023)

223rd World Medical Association Council Session, Organizing Committee Member, Nairobi, Kenya (April 2023)

WomenLift Health, Leadership Journey Lift-Off 2022 East Africa Cohort; Graduated and Presenter role- Project: KMPDC Talent Development and succession Planning: Building on a Mentoring Approach, Mombasa, Kenya (April 2023)

Institute for African Development Spring 2023 Seminar Series, Speaker Role: Science and Policy in Public Health- Lessons from a Practicing Family Physician, Cornell University, USA – virtual- (April 2023)

50th Kenya Medical association Annual Scientific Conference: Planetary Health: Impact of Climate Change on Health and Health Systems, Mombasa, Kenya (May 2023)

Kigali Global Dialogue hosted by the Observer Research Foundation and ORF America in partnership with the Rwanda Governance Board, Speaker role: Women-Led Development: Activating the Levers to Unleash Women's Economic Power , Kigali, Rwanda (June 2023)

T20 Summit 2023, Speaker role in panel discussion: Saving the SDG's: Seeking New Pathways to the 2030 Agenda, Mysuru, India. (August 2023)

74th General Assembly of the World Medical Association (WMA) – Kigali, Rwanda. (October 2023)

From G20 to COP28: Energy Climate and Growth. Hosted by Think20 India, Think28, Observer Research Foundation and The Emirates Policy Centre in Abu Dhabi. Speaker role in panel on Addressing the Climate -Health- Gender Nexus (November 2023)

Cape Town Conversation 2023: Speaker role: Multilateralism in Action: Aligning Global Platforms for advancing SDGs (November 2023)

2022:

Health Workforce Conference : Repositioning Today's Health Workforce for the Future, Mombasa, Kenya. Conference organizing team member and Session Chair (February 2022)

24th Association of Medical Councils of Africa (AMCOA) International Conference: Health Workforce of the Future and It's Regulation, Sun City, South Africa, (October 2022), Speaker : Role of Telemedicine Use in Improvement of Healthcare Service Delivery

World Medical Association General Assembly, Berlin, Germany (Online attendee), October 2022.

The 3rd Joint Inspection of Medical Schools in the Republic of Burundi by the Joint Medical and Dental Councils of the EAC Partner States, (November 2022)

Review of Regional Guidelines for Inspection and Recognition of Medical Schools and Teaching Hospitals in EAC Partner States, 3rd Edition

Development of EAC Standards for Post graduate Medical and Dental Training, By the East African Medical and Dental Councils, Arusha, Tanzania, (December 2022).

2021:

48TH KMA Annual Scientific Hybrid Conference: The Future Today: Technology and Innovation in Healthcare, Kisii, Kenya. (June 2021)

WMA (World Medical Association) General Assembly, London 2021 (online) October 2021

2020:

Prince Mahidol Award Conference 2020, Speaker in Side meeting hosted by NHSO, Ministry of Public Health, Thailand, and JICA GloUHC Project: *Engaging Private Healthcare Providers in UHC* and Speaker in a Parallel Session: *Addressing the Political Economy of UHC*, Bangkok, Thailand (January 2020).

Induction Program for Public Sector Boards, Kenya School of Government, November 2020.

2019:

Health Professional Meeting (H20): Road to Universal Health Coverage, Tokyo, Japan (Physician Pre-conference to the G20 Summit); *Presented: Universal Health Coverage: Medical Association Perspective* (June 2019)

NHIF/Health Financing Reforms Expert Panel & Ministry of Health Kenya Study tour to Thailand to gain understanding on Thailand's Universal Health Coverage by touring the National Health Security Office, Primary Healthcare Structure, and Health Technical Assessment Processes (June 2019)

Physician 2030 Conference- World Medical Association/Israel Medical Association, Herzliya, Israel; *Presented: Medical Workplace of the Future: an African Perspective* (May 2019)

Future of Health Coverage: Revolutionizing Health Financing using Mobile Technology, Amsterdam, Netherlands (May 2019)

Panelist: PharmAccess Group Symposium- Making Health Markets Work: The Role of Health Insurance Fund, PharmAccess and Partners

Induction Workshop on Mwingozo – A Code of Governance for government-owned entities on effectiveness of boards, transparency and disclosure, accountability, risk management, internal controls, ethical leadership, and good corporate citizenship.

State Corporations Advisory Committee/ Institute of Certified Public Secretaries, Naivasha, Kenya (February 2019)

2018:

Uganda Medical Association 3rd Grand Scientific Conference, Kampala, Uganda (November 2018)

World Medical Association General Assembly, Reykjavik, Iceland (October 2018)

7th East Africa Health Federation Conference, Dar-es-Salaam, Tanzania (July 2018)

Association of Professional Societies of East Africa, Nairobi (July 2018)

African Regional Meeting on End of Life Issues of the World Medical Association – Nigeria Medical Association (February 2018)

Kenya Medical Association Annual Scientific Conference, Mombasa (April 2018)

2017:

Medical Leadership Advocacy & Communications Course – WMA Caring Physicians of the World (December 2017)

Chair- Credentials Committee, World Medical Association Annual General Assembly, Chicago, USA (October 2017)

East Africa Healthcare Federation Annual Meeting, Dar-es-Salaam, Tanzania (July 2017)

British Medical Association Annual Representatives Meeting, Bournemouth, UK (June 2017)

Ethiopia Medical Association Conference, Addis Ababa, Ethiopia (April 2017)

Kenya Medical Association Annual Scientific Conference, Nanyuki (April 2017)

European Paediatric Life Support, Aga Khan University Hospital, Nairobi (March 2017)

The Economist Event: Driving Economic and Health Care Innovation for Africa's Tomorrow, Nairobi (February 2017)

2016:

Turkey-Africa Economic & Business Forum: Showcasing Healthcare Opportunities in Kenya (November 2016)

South African Medical Association Annual Conference (October 2016)

European Paediatric Life Support – King's College Hospital, London, UK (June 2016)

European Paediatric Life Support – Aga Khan University Hospital, Nairobi (May 2016)

Kenya Medical Association Annual Scientific Conference, Kisumu (April 2016)

2015:

Panel Speaker: Building and Maintaining Positive Relationships with Stakeholders - PharmaAfrica Market Access Conference, London, UK (September 2015)

Speaker: Accurately Weighing Compensation & Benefits – Medics East Africa Conference on Healthcare Management, Nairobi (September 2015)

East Africa Healthcare Federation Conference, Kigali, Rwanda (May 2015)

Kenya Medical Association Annual Scientific Conference, Eldoret (April 2015)

Course Instructor: European Paediatric Life Support – Aga Khan University Hospital, Nairobi (March 2015)

Speaker: Public-Private Partnership Session – Africa Healthcare Summit, London, UK (February 2015)

2014:

Kenya Medical Women's Association Annual Symposium (October 2014)

Kenya Medical Association Annual Scientific Conference, Watamu (April 2014)

East Africa Healthcare Federation Conference, Nairobi (March 2014)

2013:

Medical Women's International Association Congress, Seoul, South Korea (July 2013)

Course Instructor: Genetic Instructor Course – King's College Hospital UK (June 2013)

Course Instructor: European Paediatric Life Support – Aga Khan University hospital, Nairobi (May 2013)

2012:

Kenya Medical Women's Association Annual Symposium: Health Issues in Kenya Today in Light of the New Constitution (October 2012)

M2012 Microbicide Conference, Sydney, Australia (April 2012)

2011:

Review of Doctors' Code of Professional Conduct and Discipline – Medical Practitioners and Dentists Board (Nov 2011)

Kenya Medical Women's Association Annual Scientific Symposium: Child and Adolescent Health (October 2011)

Hepatobiliary and Gastro-Intestinal Disorder Workshop – Kenya Association for Family Physicians (June 2011)

Instructor: Generic Instructor Course – King's College Hospital, UK (May-June 2011)

Media Training – HIV Clinical Research and Microbicides in Kenya (May 2011)

Ophthalmology Workshop for Family Physicians – Kenya Association for Family Physicians (March 2011)

2010:

The East African and Medical Health Fair: Making Public-Private Partnerships in Health Work, Dar-es-Salaam, Tanzania (Dec 2010)

Kenya Medical Women's Association Annual Symposium: Maternal Health Yesterday, Today, Tomorrow (October 2010)

M2010 International Microbicides Conference: Building Bridges in HIV Prevention, Pittsburgh, PA- USA (May 2010)

Symposium: Recent Advances in the field of Medical Sciences, The Nairobi Hospital (June 2010)

28th International Congress of the Medical Women's International Association: Globalization in Medicine- Challenges & Opportunities, Muenster, Germany (July 2010)

2009:

Facilitator Training for Practice-based Small Learning Groups – Kenya Association of Family Physicians (August 2009)

Medical Women's International Association: Towards Attaining the Health Related MDGs - Near East & Africa Regional Congress, Dar-es-Salaam, Tanzania (July 2009)

2000 - 2008:

Clinical Symposium on Nephrology/Urology Practice – The Nairobi Hospital (May 2008)

Kenya Association of Physicians CPE Update on Hypertension (May 2008)

Symposium on Obesity: Challenges & Management – The Nairobi Hospital (June 2007)

Epilepsy Management – Kenya Society for Epilepsy (April 2007)

Symposium on Evidence-based Preventive Medicine – The Nairobi Hospital (May 2006)

Diabetes Mellitus: Pathology & Treatment – Kenya Association of Physicians (March –April 2006)

Management of Chronic Obstructive Pulmonary Disease (COPD) Workshop (June 2005)

Advanced Cardiac Life Support Certificate (February 2004 & May 2001)

REFERENCES

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